



# PARENT EMPOWERMENT WORKSHOP: KEEPING THE FAMILY CONNECTED

Register Now for this FREE session: [kadine.mcfarlane@ywcatricountyarea.org](mailto:kadine.mcfarlane@ywcatricountyarea.org)

**YOUTH EMPOWERMENT PROGRAMS**  
**PAUSE. BREATHE. ACHIEVE.**  
**SUPPORT FOR OUR GIRLS & FAMILIES**



## Discussed Topics

- Family Communication
- Parental Monitoring
- Being a Positive Role Model
- Appropriate & Consistent Discipline
- Warning Signs of Substance Abuse Use
- Taking Clear Stand on Drugs

**WHAT**

This skill-based program helps parents promote positive health & personal development in their children by:

- teaching positive communication tools for family members
- learning ways to convey a clear anti-drug message
- helping your child develop personal self management & social skills

**This program will increase:**

- confidence of parents
- improve sense of purpose
- optimism & hope for future success & pathways

**WHEN**

Mondays, November 14, 21, 28 and Dec. 5  
5:30pm – 7:30pm

**WHERE**

YWCA Tri-County Area-YEP Classroom  
301 King St Pottstown, PA  
3rd Floor

**HOW**

**REGISTER NOW...SPACE IS LIMITED!**

<https://tinyurl.com/YWParentEmpowerment2022>




Questions? Email  
[kadine.mcfarlane@ywcatricountyarea.org](mailto:kadine.mcfarlane@ywcatricountyarea.org)

COMPLETED WORKSHOP PARTICIPANTS RECEIVE VISA GIFT CARD PER FAMILY

RECEIVE A FAMILY DINNER ON US - MUST ATTEND ALL SESSIONS."

RECEIVE A FAMILY FUN PACK- MUST ATTEND ALL SESSIONS

YW3CA's Substance Abuse and Prevention Education work is funded by:  Pennsylvania Commission on Crime and Delinquency

YWCA Tri-County Area is not affiliated with any specific School District.

eliminating racism  
empowering women  
**ywca**  
Tri-County Area

**YW3CA IS ON A MISSION TO ... EMPOWER COMMUNITIES!!!**

[www.ywcatricountyarea.org](http://www.ywcatricountyarea.org)



@YWCATRICOUNTYAREA



@YW3CA