

- 2023 -

NOVEMBER

WEDNESDAY

THURSDAY

FRIDAY

MONDAY

TUESDAY

Middle School BREAKFAST

In order to be recognized as a full meal, students must choose at least 3 of the 4 items offered daily. Students may only choose 1 entrée and 2 or 3 of the remaining offerings. Daily milk choices are Fat Free Chocolate, 1% White, and Skim.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 1. Mini Strawberry Bagels 2. Assorted Cereal Fruit Gel Assorted Fruit Juice Assorted Milk	7 1. Cinnamon Roll 2. Assorted Cereal Fruit Gel Assorted Fruit Juice Assorted Milk	1 1. Cinnamon Filled Pastry 2. Assorted Cereal Applesauce Assorted Fruit Juice Assorted Milk	2 1. Mini Waffles 2. Assorted Cereal Applesauce Assorted Fruit Juice Assorted Milk	3 1. Mini Donuts 2. Assorted Cereal Applesauce Assorted Fruit Juice Assorted Milk
13 1. Apple Frudel 2. Assorted Cereal Applesauce Assorted Fruit Juice Assorted Milk	14 1. Chocolate Chip UBR 2. Assorted Cereal Applesauce Assorted Fruit Juice Assorted Milk	8 1. French Toast Sticks w/Sausage 2. Assorted Cereal Fruit Gel Assorted Fruit Juice Assorted Milk	9 1. Oatmeal Round 2. Assorted Cereal Fruit Gel Assorted Fruit Juice Assorted Milk	10 1. Sausage/Waffle Sandwich 2. Assorted Cereal Fruit Gel Assorted Fruit Juice Assorted Milk
20 1. Mini Strawberry Bagels 2. Assorted Cereal Fruit Gel Assorted Fruit Juice Assorted Milk	21 1. Cinnamon Roll 2. Assorted Cereal Fruit Gel Assorted Fruit Juice Assorted Milk	15 1. Cinnamon Filled Pastry 2. Assorted Cereal Applesauce Assorted Fruit Juice Assorted Milk	16 1. Mini Waffles 2. Assorted Cereal Applesauce Assorted Fruit Juice Assorted Milk	17 In-Service No School
27 Thanksgiving Vacation No School	28 1. Chocolate Chip UBR 2. Assorted Cereal Applesauce Assorted Fruit Juice Assorted Milk	22 1. French Toast Sticks w/Sausage 2. Assorted Cereal Fruit Gel Assorted Fruit Juice Assorted Milk	23 Thanksgiving Vacation No School 	24 Thanksgiving Vacation No School
	29 1. Cinnamon Filled Pastry 2. Assorted Cereal Applesauce Assorted Fruit Juice Assorted Milk	29 1. Cinnamon Filled Pastry 2. Assorted Cereal Applesauce Assorted Fruit Juice Assorted Milk	30 1. Mini Waffles 2. Assorted Cereal Applesauce Assorted Fruit Juice Assorted Milk	