

- 2023 -

NOVEMBER

WEDNESDAY

THURSDAY

FRIDAY

MONDAY

TUESDAY

Elementary School BREAKFAST

In order to be recognized as a full meal, students must choose 3 of the 4 items listed daily. They are able to take all the items listed for the day.



| 1 | 2 | 3 |
|--|--|--|
| Cinnamon Filled Pastry Sour Cherries Assorted Fruit Juice Assorted Milk | Assorted Muffins Sour Cherries Assorted Fruit Juice Assorted Milk | Assorted Cereal Sour Cherries Assorted Fruit Juice Assorted Milk |
| 4 | 5 | 6 |
| Trix Yogurt w/Granola Fruit Cup Assorted Fruit Juice Assorted Milk | Cinnamon Roll Fruit Cup Assorted Fruit Juice Assorted Milk | Mini Strawberry Bagels Fruit Cup Assorted Fruit Juice Assorted Milk |
| 7 | 8 | 9 |
| Apple Frudel Sour Cherries Assorted Fruit Juice Assorted Milk | Chocolate Chip UBR Sour Cherries Assorted Fruit Juice Assorted Milk | Oatmeal Round Fruit Cup Assorted Fruit Juice Assorted Milk |
| 10 | 11 | 12 |
| Assorted Cereal Fruit Cup Assorted Fruit Juice Assorted Milk | Cinnamon Filled Pastry Sour Cherries Assorted Fruit Juice Assorted Milk | Assorted Muffins Sour Cherries Assorted Fruit Juice Assorted Milk |
| 13 | 14 | 15 |
| Trix Yogurt w/Granola Fruit Cup Assorted Fruit Juice Assorted Milk | Cinnamon Roll Fruit Cup Assorted Fruit Juice Assorted Milk | Mini Strawberry Bagels Fruit Cup Assorted Fruit Juice Assorted Milk |
| 16 | 17 | 18 |
| Thanksgiving Vacation No School | Thanksgiving Vacation No School | Thanksgiving Vacation No School |
| 19 | 20 | 21 |
| Thanksgiving Vacation No School | Chocolate Chip UBR Sour Cherries Assorted Fruit Juice Assorted Milk | Cinnamon Filled Pastry Sour Cherries Assorted Fruit Juice Assorted Milk |
| 22 | 23 | 24 |
| Assorted Muffins Sour Cherries Assorted Fruit Juice Assorted Milk | Assorted Muffins Sour Cherries Assorted Fruit Juice Assorted Milk | Assorted Muffins Sour Cherries Assorted Fruit Juice Assorted Milk |